



CASA TERESA

The
Catalan Table

CATALAN GASTRONOMIC EXPERIENCES

Catalonia Food + Wine Tour

Itinerary

SNEAK

PEEK



+ early-bird perks reveal

THE MARKET, BOQUERÍA

DAY 2

To Barcelona!

Morning- Boqueria Market

You will start the day visiting the market with Chef Rubén and Alba Sunyer. After buying seasonal and fresh ingredients , we will stop at Quim de la Boqueria for a tapa and a glass of Cava.

Lunch-Let's cook together

After the market visit, we will enjoy a hands-on cooking experience. In the heart of Barcelona's Gothic Quarter, we will prepare and share our lunch using the fresh ingredients selected earlier in the day.

Afternoon-Palau de la Música

In the afternoon, we'll enjoy a private visit to the Palau de la Música Catalana, followed by a stroll through El Born and a visit to the beautiful Basílica de Santa Maria del Mar.

Evening-Traditional Dinning and cocktails at Sips

THE COAST, CADAQUÉS

DAY 4

To Costa Brava!

Morning– Esmorzar de Forquilla

Start the day with a Catalonia's iconic "fork breakfast." Far from a simple morning bite, this hearty ritual features savory, home-style dishes such as braised meats, stews, sausages, or seafood, paired with rustic bread, local wine, or cava. It's a true celebration of Catalan food culture and the perfect way to fuel your day of exploration.

Early Afternoon– Dalí House Visit

Following the esmorzar de forquilla dive into the surreal world of Salvador Dalí with visits to Port Lligat, the artist's coastal retreat, and the renowned Dalí Museum, where his genius comes to life.

Lunch– at Compartir

For lunch, indulge in an extraordinary dining experience at **Compartir**, the acclaimed sister restaurant of Disfrutar, the 2024 World's Best Restaurant and a holder of **three Michelin stars**. After lunch enjoy a leisurely stroll through its picturesque streets, where whitewashed houses, vibrant bougainvillea, and the shimmering Mediterranean set the perfect scene.

Evening– at Castell de Perelada

End this remarkable day at leisure at Perelada Hotel.

THE VALLEY, CERDANYA

DAY 7

To Cerdanya!

Morning– Visit “Molí de Ger” the Artisan Cheesemaker

Our day begins one of Catalonia’s most celebrated artisan cheesemakers. You will discover the fascinating world of formatge de tupí, one of the oldest and most distinctive cheeses in the Catalan Pyrenees. Traditionally made by fermenting aged cheese with olive oil and spirits, tupí cheese was historically created by shepherds as a way to preserve cheese through the harsh mountain winters.

Lunch–The Traditional Trinxat

Following the visit, we will enjoy a traditional lunch centered around one of La Cerdanya’s most iconic dishes: **trinxat de la Cerdanya**, is a humble yet deeply comforting dish made with potatoes, cabbage, and pork, cooked until beautifully crisp and golden.

Afternoon–Relax with Impossibles views

At the end of the day, we will arrive at La Torre del Remei, a beautifully restored modernist mansion surrounded by gardens and mountain views in the heart of La Cerdanya. The rest of the day will be at leisure, giving you time to enjoy peaceful walks through the surrounding landscapes and take in the breathtaking views of what is considered one of the most beautiful valleys in the world.

Evening – at Leisure

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Book before
September and get a
**10% early-bird
discount!**

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*Full Itinerary
reveal July 31st!!*